



# TOP 3 TIPS FOR YOUTH SPORTS ADVOCATES

By R. E. Martin

## Sports are part of a lifetime journey Never let your athletes quit on themselves!

Always tell your athlete how much you love watching them play. If anyone detects unusual behavior, they should bring it to the attention of those in authority. Event organizers have introduced penalties for teams that engage in an uncivil manner. Penalties may include ejection of team managers and/or the team without refund of entry fees. Individuals that violate their commitments to behave properly may be asked to leave the team. Prepaid team fees will not be refunded.

**LET'S KEEP IT POSITIVE AND ENJOYABLE FOR ALL PARTICIPANTS!**

### #3 Teach Good Sportsmanship

Keep laughter and respect in their game.

### #2: Help Them to Believe In and Like Who They Are

Competition is what they do, it does not define who they are.

### #1: Encourage Them to Talk to Those They Trust

If they feel like the deck is stacked against them,  
help them to adopt new rules.

#### EMERGENCY

In a crisis call "911" immediately

● If considering self-harm, call "988"

24/7/365 Intervention Lifeline

#### SEXUAL MISCONDUCT

To speak to a counselor,

Call (800) 656-4673

RAINN

#### BULLYING/HAZING, VIOLENCE, ADDICTIONS & SUBSTANCE ABUSE

For helpful resources,

theBMSproject.org/safety

#### CHILD ABUSE

To report suspected child abuse,

Call (800) 422-4453

National Child Abuse Hotline

It is recommended that incidents of serious misconduct be reported to law enforcement.  
Minors should report incidents of misconduct to their parent(s) or guardian(s).

# SHUT OUT THE STIGMA



Kansas City

*Royals*

