



To locate and vet counselors, scan the QR code or go to theBMSproject.org/mental-health-directory



TOP 3 TIPS FOR YOUTH SPORTS ADVOCATES

See reverse side to learn how to license the BMS Project's no-cost, turn-key, good health, safety and well-being programs

By R. E. Martin

Sports are part of a lifetime journey Never let your athletes quit on themselves!

Always tell your athlete how much you love watching them play. If anyone detects unusual behavior, they should bring it to the attention of those in authority. Event organizers have introduced penalties for teams that engage in an uncivil manner. Penalties may include ejection of team managers and/or the team without refund of entry fees. Individuals that violate their commitments to behave properly may be asked to leave the team. Prepaid team fees will not be refunded.

LET'S KEEP IT POSITIVE AND ENJOYABLE FOR ALL PARTICIPANTS!

#3 Teach Good Sportsmanship

Keep laughter and respect in their game.

#2: Help Them to Believe In and Like Who They Are

Competition is what they do, it does not define who they are.

#1: Encourage Them to Talk to Those They Trust

If they feel like the deck is stacked against them, help them to adopt new rules.

EMERGENCY

In a crisis call "911" immediately

● If considering self-harm, call "988"

24/7/365 Intervention Lifeline

SEXUAL MISCONDUCT

To speak to a counselor,

Call (800) 656-4673

RAINN

BULLYING/HAZING, VIOLENCE, ADDICTIONS & SUBSTANCE ABUSE

For helpful resources,

theBMSproject.org/safety

CHILD ABUSE

To report suspected child abuse,

Call (800) 422-4453

National Child Abuse Hotline

It is recommended that incidents of serious misconduct be reported to law enforcement.
Minors should report incidents of misconduct to their parent(s) or guardian(s).



Mission Statement

The BMS Project is an organization whose no-cost, licensed, turn-key programs assist amateur sports advocates to create and maintain positive, safe, healthy competitive environments and experiences for athletes and competitors of all ages and their families; as well as to promote mental health awareness and contribute to suicide prevention.

To accomplish the BMS Project's mission, we assist sports advocates, for profit and nonprofit organizations and affiliates to provide for the good health, safety and well-being of athletes. We define "sports advocates" as parents, coaches, mentors, officials, for profit and nonprofit organizations, as well as school counselors. The BMS Project's resources are available and accessible for non-licensed users use on the website as well.

On the front side, at the top of this introduction please note that the provided QR code links to resources that assist locating and vetting therapists and counselors. The Top Three Tips for Youth Sports Advocates represent the highest priorities of theBMSproject.org and encourages positive supportive, adult behavior. On the bottom of the front page, we also provide important safety and well-being resources for the use of athletes and their families.

Together... here for our youth!

The QR code provided below links to the BMS Project's Home Page. If you are a team or an organization, on the Home Page click on the "Start Here" icon; then click on the "Usage License Application" icon. Complete and submit the BMS Project's "Usage License Application" to use its no-cost, turn-key programs and resources. The licensing application completion should take less than ten minutes; then you will be contacted regarding next steps.



Individual users do not need to apply for a usage license. The usage license application is intended for teams and organizations use only. Individual users can simply utilize the QR code above to access and use the BMS Project's no-cost, turn-key programs.

LIABILITY DISCLAIMER: The suggested resources are not represented to be the best or only options available. However, they are presented as possible early-steps for users to consider when addressing their individual situations. Then, a limited number of next steps resources are also suggested. The resolution of personal situations will always be at the discretion of each individual user. BMS Holdings Group LLC is a Missouri limited liability corporation. The BMS Project ("Project") is a dba of BMS Holdings Group LLC. The early step mental/behavioral health educational and advisory services that the Project provides are intended to contribute to athletes' good health, safety and well-being; as well as to promote mental health awareness and contribute to suicide prevention for athletes and their families. The Project's staff, promotional partners, associated leagues and affiliates do not assume legal liability in conjunction with the directory/advisory or other services provided therein; and/or services provided by other non-affiliated, independently owned and operated third parties. The Project is not affiliated with any religious or political organizations. The Project respects the rights of parents and/or guardians to determine what is best for their minor children. The Project never passes judgment or assigns labels.