



# TOP 10 TIPS

# Soccer Officiating

By Alan Jones

## #1 Don't Bark, Growl, or Bite, but be Confident and Assertive

Someone has to manage the zoo... and that happens to be you.

## #2 The Commands Came Down Written on Stone for a Reason

Know the rules of the game.

## #3 Effective Communications Make for Happy Kickers & Coaches

Everybody knowin' what's up will help your cause... clearing the fog of competition requires clarity.

## #4 Did You Happen to Notice that Plane Dive-Bombing the Goalie?

Stay FOCUSED! Things happen somewhere over yonder, but stay acutely attuned to the immediate task at hand.!

## #5 Be Quick & Always Make the Correct Decisions - At Least Be Quick

Idle time invites the Devils' their mischief... always call it quick & crisp... look like you got it right too!

## #6 It isn't a Great Idea to Wear the Other Team's Spirit Wear... Just Sayin'

We have important matters to attend to here... stay neutral & unbiased.

## #7 Pitch Size/Speed of the Games Vary... Neither Care if You are Worn & Weary

Gasping & staggering just ain't a good look. Stay fit... stay in shape... the rocking chair will wait.

## #8 Constantly Evaluate Yourself... and You'll Never Be Alone

To be an official is to judge... you just well jump in too... it is a VERY large jury pool.

## #9 R - E - S - P - E - C - T !

The Queen of Soul, Aretha Franklin, called it along time ago... show it to the game... the athletes, parents, coaches and other officials... this isn't some kinda chain of fools.

## #10 The Word Slipped Out

All kidding aside... no one is perfect. Do the best job that you can and always strive to get better.

### EMERGENCY

In a crisis call "911" immediately

● If considering self-harm, call "988"

The National Suicide Intervention Lifeline

### SEXUAL MISCONDUCT

To speak to a counselor,

Call (800) 656-4673

RAINN

### BULLYING/HAZING, VIOLENCE, ADDICTIONS & SUBSTANCE ABUSE

For helpful resources,

[thebmsproject.org/Safety](http://thebmsproject.org/Safety)

### CHILD ABUSE

To report suspected child abuse,

Call (800) 422-4453

Childhelp National Child Abuse Hotline

It is recommended that incident(s) of serious misconduct be reported to law enforcement. Minors should report incidents of misconduct to their parent(s) or guardian(s).