

To locate and vet counselors, scan the QR code or go to https://thebmsproject.org/mental-health-directory/



Parental, Invited Guest & Related Party Behavior Pledge

OVERVIEW: Behavior by parents and other adults in a child's life may be one of the most important components of creating positive experiences for their participation in competitive activities. Youth sports and other competitive programs are often a new and potentially stressful experience for the adults in their' lives. When adult stress is expressed in negative words and actions, it can contribute to ruining the experience for all - the young participants, coaches, family and friends in attendance. Let's all endeavor to grow proud, confident and strong children. Together... here for our youth! CHEER THEM ON, FOLKS!

(Please initial the boxes below to acknowledge your commitment to positive competitive experiences.)

STAND TALL, STAND PROUD and ABIDE by the following PLEDGE:

Print	Name: Signature:	Date:
	I will refrain from, and advise family members and acquaintances to refrain from, engaging in cycle exchanges of insults, incrimination, or negative posts about my/our child's/children's acquaintance stemming from the competitive activity(ies) in which my/our child/children are engaged.	•
	I will refrain from taunting or otherwise insulting officials and/or coaches with negative, disagreed and/or criticism.	able, public comments
	I will, at practices and competitive events, strive to discourage family members and acquaintance negative behaviors and to limit their involvement to positive encouragement and support for all officials, coaches and fans in attendance.	
	I agree to never engage coaches, officials, other parents and/or any members or fans of an opportunity confrontational manner in front of children. Should the disagreement occur in private, I will strive discourse in a mature, non-aggressive exchange. In the event of an escalation of emotions, I further to diffuse the situation/tension and walk away from the immediate confrontation in order to avoid reactions and/or further escalation.	e to engage in the ner pledge to attempt
	I agree not to provide uninvited criticism or instruction regarding my child's performance or ot children at competitive events and /or practices – unless asked to do so by the manager and/or agree to strive to ensure that close relatives and/or guests in attendance also refrain from this by of poor behavior on the part of my child - with the coaches' permission - I will take my child aside poor behavior in a constructive manner.	coaches. I further ehavior. In the event
	I understand and appreciate that adult behavior, especially if it involves close family members, call either a positive or a negative manner. I hereby voluntarily pledge not to intentionally engage in abusive behaviors and strive to contribute to a positive, enjoyable experience for my child/children children participating in competitive programs; and for all of the participating coaches, officials and	negative, hurtful, en; for the other

EMERGENCY
In a crisis call "911" immediately
If considering self-harm, call "988"
The National Suicide Intervention Lifeline

SEXUAL MISCONDUCT
To speak to a counselor,
Call (800) 656-4673
RAINN

BULLYING/HAZING, VIOLENCE, ADDICTIONS & SUBSTANCE ABUSE For helpful resources, thebmsproject.org/Safety

CHILD ABUSE
To report suspected child abuse,
Call (800) 422-4453
Childhelp National Child Abuse Hotline

It is recommended that incident(s) of serious misconduct be reported to law enforcement. Minors should report incidents of misconduct to their parent(s) or guardian(s).