

## ***K.C. Royals All Sports Expo:***

**Kansas City, MO – December 2, 2023,** theBMSproject.org was invited to present at the **K.C. Royals All Sports Expo** held at the Royals home park, Kauffman Stadium. Representing The BMS Project were two seasoned presenters from **The Center for Clinical Training (TCCT)** located in Nashville, TN.

**Dr. Cris Cannon (D.Min, LPC/MHSP, CCMHC, ACS)** made a compelling presentation to attendees about “At Risk Warning Signs” and “High Level Stress and Burnout.” **Emily Hawkins (LPC/MHSP), President of The Center for Clinical Training (TCCT)** presented “The Effects of Social Media” and “Perfectionism.”



**Pictured (Left to Right):**  
Reggie Kanagawa, Emily Hawkins,  
Larry Lauvetz, Dr. Cris Cannon, Bob  
Martin, David Kelsey



**The BMS Project's logo** displayed  
on billboard at the Kansas City  
Royals' Kauffman Stadium

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**About theBMSproject.org (BMS), a dba of The BMS Project, Inc.:** <https://thebmsproject.org/>

Founded in January 2022, The BMS Project, Inc. is a 501(c)(3) Missouri nonprofit corporation whose mission is to assist amateur sports advocates to create positive competitive environments and experiences for athletes and competitors of all ages and their families. We define “youth sports’ advocates” as parents, coaches, mentors, officials and school counselors. In addition, theBMSproject.org strives to promote mental health awareness and contribute to suicide prevention. “BMS” stands for body, mind and spirit. To accomplish our mission, we work closely with mental health service providers, partners, affiliates, youth organizations, colleges, advocates and parents to provide healthy lifestyle resources and easily accessible mental health assistance.